

Individual Best Times (All Time)

James Sproston - (1138747) - Erith & District SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.63	288	F	24/06/21	Erith and District	Erith LC		0
1:23.80	287	F	24/11/19	EDSC Club Championships 2019	Crook Log	Erith & Dist	4
1:26.12	264	F	02/03/19	EDSC OOJS Spring Charity Meet 2019	Crook Log	Erith & Dist	3
1:26.66	259	F	25/11/18	EDSC Club Championships 2018	Crook Log	Erith & Dist	4
1:28.12	246	F	03/03/18	OOJS EDSC Spring Charity Meet	Bexleyheath	Erith & Dist	3
1:32.47	213	F	25/11/17	EDSC Club Championships 2017	Crook Log	Erith & Dist	4
1:39.14	173	F	26/11/16	Erith & District Club Championships	Bexleyheath	Erith & Dist	4
2:00.82	95	F	28/11/15	Erith & District Club Championships 2015	Bexleyheath	Erith & Dist	4

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