

Individual Best Times (All Time)

Joshua Jones - (1134340) - Carmarthen - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:30.50	358	F	27/11/16	Swim Wales West Sub Regional Championships	Wales	Carmarthen	3
5:35.62	342	F	12/02/17	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:35.62	342	F	12/02/17	Swim Wales West Regional Championships	Haverfordwest	Carmarthen	2
5:30.50	358	F	27/11/16	Swim Wales West Sub Regional Championships	Wales	Carmarthen	3