

# Individual Best Times (All Time)

Rebecca Armstrong - (1131245) - Bor of Waltham Forest (Gators) - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.69	460	F	12/07/19	BWFSC Club Championships 2019	Sylvestrian LC	Bo Waltham F	4
29.76	457	F	16/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Bo Waltham F	3
30.02	445	F	13/07/18	BWFSC Club Championships 2018	Sylvestrian LC	Bo Waltham F	4
30.04	444	H	30/11/19	Harlow Penguins 2019 County Qualifier Open Meet	Harlow	Bo Waltham F	3
30.22	436	F	02/03/19	Enfield Spring Regional Qualifier	Enfield	Bo Waltham F	3
30.29	433	F	09/06/17	BWFSC Club Championships 2017	London	Bo Waltham F	4
30.31	432	H	11/12/16	Thurrock Last Chance County Qualifier	Thurrock	Bo Waltham F	3
30.99	405	H	01/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Bo Waltham F	2
31.47	386	F	01/07/16	BWFSC Club Championships	London	Bo Waltham F	4
32.12	363	F	03/07/15	BWFSC Club Championships 2015	London	Bo Waltham F	4
33.29	326	F	18/01/15	Essex County Age Group Championships 2015	Basildon		2
33.38	324	H	20/06/15	Thurrock Summer Sprint Meet	Thurrock		3
33.74	313	H	18/01/15	Essex County Age Group Championships 2015	Basildon		2
34.61	290		20/09/14	Borough of Waltham Forest Club Championships	Walthamstow	Bo Waltham F	4
34.70	288	F	26/04/14	London Borough of Redbridge Meet 2014	Barking	Bo Waltham F	3
34.82	285		05/04/14	BWFSC Secondary Age Group Meet 2014	Walthamstow	Bo Waltham F	3
38.89	204		15/12/13	Borough of Waltham Forest B Grade Meet	Waltham	Bo Waltham F	3
39.65	193		21/10/13	Borough of Waltham Forest Club Championships	Waltham	Bo Waltham F	4
41.00	174		14/07/13	Boro of Waltham Forest End of Season	Waltham	Bo Waltham F	3

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