

Individual Best Times (All Time)

Elizabeth Cowie - (1130674) - Huntly ASC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.90	451	F	19/05/18	Neasca Age Groups 2018	Fraserburgh	Huntly	2
30.07	443	F	09/03/19	Deveron Age Group Sprints 2019	Banff	Huntly	2
30.13	440	F	26/11/17	ND Age Group Meet 2017	Inverness	Huntly	2
30.20	437	F	10/03/18	Deveron Age Group Sprints 2018	Banff	Huntly	2
30.33	432	F	17/11/18	Upper Deeside Challenge 2018	Aboyne	Huntly	2
30.46	426	H	11/11/18	Aberdeen ASC Nifty 50s + 2018	Aberdeen	Huntly	2
30.65	418	F	18/11/17	Upper Deeside Challenge 2017	Aberdeen	Huntly	2
30.84	411	F	19/11/16	Upper Deeside Challenge 2016	Aberdeen	Huntly	2
31.15	398	H	29/10/17	Aberdeen ASC Nifty 50s + 2017	Aberdeen	Huntly	2
31.42	388	F	27/11/16	North District Age Group Meet 2016	Inverness	Huntly	2
31.43	388	H	30/10/16	Aberdeen Nifty Fifties	Aberdeen	Huntly	2
31.81	374	F	20/05/17	NEASCA Age Group Championships 2017	Fraserburgh	Huntly	2
33.20	329	F	18/03/17	Deveron Age Group Sprints 2017	Banff	Huntly	2
33.50	320	F	19/03/16	Deveron Age Group Sprints 2016	Banff	Huntly	2
33.75	313	F	21/05/16	NEASCA Age Groups 2016	Fraserburgh	Huntly	2
34.26	299	F	07/02/16	Aberdeen 2nd Mini Meet	Aberdeen	Huntly	2
34.87	284	F	20/02/16	Garioch Mix Up Meet 2016	Inverurie	Huntly	2
35.74	264	F	24/01/16	SASA North District Age Group Meet 2016	Inverness	Huntly	2
36.44	249	F	21/03/15	Deveron Age Group Sprints	Banff	Huntly	2
36.66	244	F	21/11/15	Upper Deeside Challenge 201	Deeside	Huntly	2
38.11	217	F	23/05/15	NEASCA Age Group Championships	Fraserburgh	Huntly	2
38.88	205		07/06/14	Peterhead Mini Meet	Peterhead	Huntly	2
41.10	173	F	08/11/14	Buckie Mini Meet	Buckie	Huntly	2
41.45	169		24/05/14	NEASCA Age Group Championships & Time Trials	Peterhead	Huntly	2
44.50	136	F	09/11/13	Buckie ASC Mini Meet	Buckie	Huntly	2
46.01	123		25/05/13	NEASCA Age Groups 2013	Peterhead	Huntly	2

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