

# Individual Best Times (All Time)

Angus Iain Young - (1129644) - Alloa ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.94	465	F	27/05/18	InCAS Distance Gala 2018	Glenrothes	Alloa	2
4:36.69	451	F	25/03/18	Falkirk Extended Mini Meet Gala	Grangemouth Complex	Alloa	2
4:37.13	449	F	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	Alloa	1
4:41.19	430		25/03/17	Falkirk Extended Mini Meet Gala	Falkirk	Alloa	2
4:50.30	390	F	23/10/16	Alloa Graded Meet	Stirling	Alloa	2
4:53.02	380	F	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	Alloa	2
5:05.71	334	F	12/11/16	2016 SASA West District SC JAG Championship	Cumbernauld	Alloa	1
5:13.12	311	F	21/02/16	FIRST Inter-Club Time Trial	Grangemouth	Alloa	2
5:43.75	235	F	25/10/15	Alloa Graded Meet 2015	Alloa	Alloa	2
5:46.54	229	F	20/06/15	Aquanauts 14th Graded	Livingston	Alloa	2

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