Individual Best Times (All Time)

Angus Iain Young - (1129644) - Alloa ASC - 400 Individual Medley - Short Course

Performance Graph

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Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:12.21	425	F	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	Alloa	1
5:12.81	422	F	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	Alloa	2
5:16.34	408	F	15/04/17	Stirling Open Meet	Stirling	Alloa	2
5:16.76	407	F	19/03/17	REN96 Graded Meet	Linwood	Alloa	2
5:26.32	372	F	14/04/18	Stirling Spring Open Meet	The Peak	Alloa	2

Swims in Date Order

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5:12.81	422	F	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	Alloa	2
5:26.32	372	F	14/04/18	Stirling Spring Open Meet	The Peak	Alloa	2
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