Individual Best Times (All Time)

Daniel Samuel - (1129640) - Barking & Dagenham Aquatics Club - 200 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------|-----------------|-------|
| 2:55.04 | 323 | F | 18/12/16 | Barking & Dagenham AC Christmas at Dagenham | Dagenham | Bark & Dagen | 3 |
| 3:01.69 | 289 | Н | 17/01/15 | Essex County Age Group Championships 2015 | Basildon | | 2 |
| 3:02.80 | 284 | Н | 28/11/15 | Bexley Short Course Open | Bexleyheath | | 3 |
| 3:04.29 | 277 | Н | 24/10/15 | Essex Senior Short Course Championships 2015 | Basildon | | 2 |
| 3:06.42 | 267 | Н | 30/11/14 | Essex Senior Junior Championships | Basildon | | 2 |
| 3:11.26 | 247 | F | 20/07/14 | Barking & Dagenham Summer Gala | Dagenham | | 3 |
| 3:26.06 | 198 | F | 05/01/14 | Barking & Dagenham Aquatics Last Chance | Dagenham | | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level | |
|---------|--------|-------|----------|--|-------------|-----------------|-------|--|
| 2:55.04 | 323 | F | 18/12/16 | Barking & Dagenham AC Christmas at Dagenham | Dagenham | Bark & Dagen | 3 | |
| 3:02.80 | 284 | Н | 28/11/15 | Bexley Short Course Open | Bexleyheath | | 3 | |
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| 3:11.26 | 247 | F | 20/07/14 | Barking & Dagenham Summer Gala | Dagenham | | 3 | |
| 3:26.06 | 198 | F | 05/01/14 | Barking & Dagenham Aquatics Last Chance | Dagenham | | 3 | |
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