Individual Best Times (All Time)

Daniel Gencas - (1129633) - Loughborough University Swimming - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:03.72	660	H	14/12/18	SE Winter Championships 2018	Sheffield	Romford Town	2
4:03.77	660	H	05/12/19	Swim England National Winter Championships (25m)	Sheffield	Romford Town	2
4:05.53	645	H	04/11/18	2018 London Swimming Regional Winter Champs	London	Romford Town	2
4:05.92	642	H	19/10/19	Essex Senior Winter Champs	Basildon	Romford Town	2
4:06.33	639	F	02/11/19	2019 London Region Winter Championships	London	Romford Town	2
4:10.59	607	H	20/10/18	Essex Senior Winter Champs 2018	Basildon	Romford Town	2
4:29.77	487	F	17/12/16	LBRSC Last Chance Qualifying Meet	Fullwell Cross	Romford Town	3
4:36.75	451	H	29/10/16	Essex Senior Winter Championships 2016	Basildon	Romford Town	2
4:38.80	441	H	10/12/16	Thurrock Last Chance County Qualifier	Thurrock	Romford Town	3
4:43.78	418	F	03/07/16	Romford Town End of Season Meet	Ipswich		3
4:48.28	399	F	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross		3
4:48.36	398	H	29/11/15	Thanet Swim Club Advent County Qualifier	Hartsdown	Romford Town	3
4:51.93	384	H	23/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool		3
4:52.63	381	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon	Romford Town	2
4:53.98	376	H	15/03/14	Essex County Championships	Basildon		2
4:58.08	361	F	19/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross		3
5:07.29	329	H	29/11/14	Essex Senior Junior Championships	Basildon		2
5:10.85	318	F	20/07/14	Barking & Dagenham Summer Gala	Dagenham		3
5:24.10	280	H	19/10/13	Basildon & Phoenix SC Autumn SC Meet	Basildon		3

Swims in Date Order

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4:03.77	660	H	05/12/19	Swim England National Winter Championships (25m)	Sheffield	Romford Town	2
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