

Individual Best Times (All Time)

Iona Colbert - (1123221) - Edinburgh University - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:18.65	678	F	06/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	Nova Cent'n	2
2:19.60	665		15/12/22	Irish National Winter Championships	Dublin		2
2:20.23	656	H	25/09/22	Nova Centurion September Sprint Meet	Nottingham	Nova Cent'n	3
2:20.29	655	H	04/11/23	SASA North District Open Championships 2023	Aberdeen		2
2:20.71	649	H	06/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	Nova Cent'n	2
2:21.43	639		15/12/22	Irish National Winter Championships	Dublin		2
2:26.46	576	H	22/09/19	Nova Centurion September Sprint Meet 2019	Nottingham	Nova Cent'n	3
2:26.56	574	H	03/11/18	Midland Winter Short Course Championships 2018	Harvey Hadden	Grantham	2
2:26.88	571	H	20/11/22	Nova Centurion November Meet	Nottingham	Nova Cent'n	2
2:27.08	568	H	08/07/18	Grantham Summer Club Championships	Grantham	Grantham	3
2:27.94	558	H	20/10/19	Nova Level 2 SCM October Open Meet	Harvey Hadden	Nova Cent'n	2
2:28.16	556	H	27/01/19	Lincolnshire County Championships 2019	Grantham	Grantham	2
2:28.58	551	H	18/11/18	Grantham Winter Club Championships 2018	Grantham	Grantham	3
2:32.61	509	H	22/05/21	Nova Centurion Covid Time Trials 2021	Nottingham	Nova Cent'n	4
2:34.33	492	H	06/10/18	Lincoln Vulcans Short Course Level 2 Meet	Sheffield	Grantham	2
2:37.51	463	H	03/02/18	Lincolnshire County Championships 2018	Louth	Grantham	2
2:39.25	448	H	16/07/17	Grantham Club Championships	Grantham	Grantham	3
2:47.71	383	H	10/07/16	Grantham Club Championships 2016	Grantham	Grantham	3
2:47.80	383	H	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Grantham	2
2:50.14	367	H	04/02/17	Lincolnshire County Championships 2017	Louth	Grantham	2
2:56.11	331	H	06/02/16	Lincolnshire County Championships 2016	Louth	Grantham	2
3:00.69	306	H	16/04/16	Grantham Grand Prix	Grantham	Grantham	3
3:03.62	292	H	27/02/16	Grantham Grand Prix	Grantham	Grantham	3
3:13.65	249	H	21/11/15	Boston ASC Club 11th Open Meet	Grantham		3
3:17.45	235	H	18/07/15	Grantham Club Championships 2015	Grantham		4
3:26.13	206	H	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
3:27.86	201	H	20/11/14	Three Ships Championships	Grantham		2

3:27.09	201	H	30/11/14	Three Shires Championships	Grantham		3
3:32.15	189	H	08/03/15	Lincolnshire County ASA Swimming Championships	Louth		2
3:39.68	170	H	23/11/14	Grantham Winter Club Championships	Grantham		4
3:43.21	162	H	03/01/15	Boston 10th Open Meet	Grantham		3

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