

# Individual Best Times (All Time)

Beca Williams - (1122958) - Nofio Gwynedd Performance - 200 Freestyle - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:11.07	192	F	08/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	NofioHarlech	4

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