## **Individual Best Times (All Time)**

Anastasios Karameros - (1122801) - Borough of Broxbourne Swim Squad - 200 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:19.38	218	F	12/03/16	Potters Bar Spring Open Meet 2016	Borehamwood	Cheshunt	3
3:19.52	218	Н	17/04/16	Thurrock Essex & Regional Qualifier 2016	Thurrock	Cheshunt	3
3:23.44	206	Н	27/11/15	Cheshunt SC 200M & 50M Dash Club Championships	Cheshunt		4
3:30.77	185	Н	30/01/15	Cheshunt Club 200m & 50m Dash	Cheshunt		4
3:32.74	180	F	30/11/14	Hitchin Open Meet	Hitchin	Cheshunt	3
3:50.38	141		11/05/14	Barnet Copthall Kate Lack Trophy Meet	Hendon	Chesham	3
4:07.70	114	Н	24/01/14	Cheshunt 200m & 50m Dash	Cheshunt	Cheshunt	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:19.52	218	Н	17/04/16	Thurrock Essex & Regional Qualifier 2016	Thurrock	Cheshunt	3
3:19.38	218	F	12/03/16	Potters Bar Spring Open Meet 2016	Borehamwood	Cheshunt	3
3:23.44	206	Н	27/11/15	Cheshunt SC 200M & 50M Dash Club Championships	Cheshunt		4
3:30.77	185	Н	30/01/15	Cheshunt Club 200m & 50m Dash	Cheshunt		4
3:32.74	180	F	30/11/14	Hitchin Open Meet	Hitchin	Cheshunt	3
3:50.38	141		11/05/14	Barnet Copthall Kate Lack Trophy Meet	Hendon	Chesham	3
4:07.70	114	Н	24/01/14	Cheshunt 200m & 50m Dash	Cheshunt	Cheshunt	4

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