Individual Best Times (All Time)

Anastasios Karameros - (1122801) - Borough of Broxbourne Swim Squad - 100 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-------------|-----------------|-------|
| 1:31.40 | 221 | F | 12/03/16 | Potters Bar Spring Open Meet 2016 | Borehamwood | Cheshunt | 3 |
| 1:33.48 | 206 | Н | 16/04/16 | Thurrock Essex & Regional Qualifier 2016 | Thurrock | Cheshunt | 3 |
| 1:33.69 | 205 | Н | 31/10/15 | Cheshunt Open Meet | Harlow | | 3 |
| 1:34.44 | 200 | F | 18/06/16 | Stevenage Summer Sprint 2016 | Stevenage | Cheshunt | 3 |
| 1:34.72 | 198 | F | 21/11/15 | 3rd Hoddesdon County Qualifier Open Meet | Borehamwood | Cheshunt | 3 |
| 1:36.03 | 190 | F | 17/01/15 | 2nd Hoddesdon County Qualifier Open Meet | Borehamwood | Cheshunt | 3 |
| 1:36.30 | 189 | Н | 25/10/15 | Team Luton Autumn Short Course Meet | Luton | | 3 |
| 1:36.81 | 186 | Н | 16/10/15 | Cheshunt SC Club Championships | Cheshunt | | 4 |
| 1:36.97 | 185 | Н | 20/06/15 | Harlow Penguins 4th Eric Shepherd Open Meet | Harlow | | 3 |
| 1:37.44 | 182 | F | 10/10/15 | National Arena League-London Div1&2 Rounds123 | Enfield | Cheshunt | 3 |
| 1:38.11 | 178 | Н | 21/11/14 | Cheshunt Club Championships | Cheshunt | | 3 |
| 1:38.64 | 176 | F | 13/12/14 | NASL London Rounds Division 1&2 | Becontree | Cheshunt | 3 |
| 1:38.68 | 175 | Н | 25/10/14 | Basildon & Phoenix Autumn Meet | Basildon | | 3 |
| 1:39.99 | 168 | F | 15/03/15 | Hertfordshire County Championships | Borehamwood | Cheshunt | 2 |
| 1:40.45 | 166 | F | 08/11/14 | NASL London Rounds Div 1 & 2 | Becontree | Cheshunt | 3 |
| 1:46.70 | 139 | Н | 21/06/14 | Harlow Penguins 3rd Eric Shepherd Open Meet | Harlow | Cheshunt | 3 |
| 1:53.18 | 116 | | 11/05/14 | Barnet Copthall Kate Lack Trophy Meet | Hendon | Chesham | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------------------------|-----------------|-------|----------|--|-------------|-------------------|--------------|
| 1:34.44 | 200 | F | 18/06/16 | Stevenage Summer Sprint 2016 | Stevenage | Cheshunt | 3 |
| 1:33.48 | 206 | Н | 16/04/16 | Thurrock Essex & Regional Qualifier 2016 | Thurrock | Cheshunt | 3 |
| 1:31.40 | 221 | F | 12/03/16 | Potters Bar Spring Open Meet 2016 | Borehamwood | Cheshunt | 3 |
| 1:34.72 | 198 | F | 21/11/15 | 3rd Hoddesdon County Qualifier Open Meet | Borehamwood | Cheshunt | 3 |
| 1:33.69 | 205 | Н | 31/10/15 | Cheshunt Open Meet | Harlow | | 3 |
| 1:36.30 Copyright 2024 | 189 4 | Н | 25/10/15 | Team Luton Autumn Short Course Meet | Luton | Powered By SPORTS | 3 SYSTEMS |

| | | | | | | | Page 2 / 2 |
|---------|-----|---|----------|---|-------------|----------|------------|
| 1:36.81 | 186 | Н | 16/10/15 | Cheshunt SC Club Championships | Cheshunt | | 4 |
| 1:37.44 | 182 | F | 10/10/15 | National Arena League-London Div1&2 Rounds123 | Enfield | Cheshunt | 3 |
| 1:36.97 | 185 | Н | 20/06/15 | Harlow Penguins 4th Eric Shepherd Open Meet | Harlow | | 3 |
| 1:39.99 | 168 | F | 15/03/15 | Hertfordshire County Championships | Borehamwood | Cheshunt | 2 |
| 1:36.03 | 190 | F | 17/01/15 | 2nd Hoddesdon County Qualifier Open Meet | Borehamwood | Cheshunt | 3 |
| 1:38.64 | 176 | F | 13/12/14 | NASL London Rounds Division 1&2 | Becontree | Cheshunt | 3 |
| 1:38.11 | 178 | Н | 21/11/14 | Cheshunt Club Championships | Cheshunt | | 3 |
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| 1:53.18 | 116 | | 11/05/14 | Barnet Copthall Kate Lack Trophy Meet | Hendon | Chesham | 3 |

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