

Individual Best Times (All Time)

Emily Surminski - (1121854) - Brompton SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:06.08	605	F	19/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	Chelsea&West	2
5:09.09	587	H	03/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
5:18.99	534	H	06/11/16	London Region Winter Championships	Stratford	Chelsea&West	2
5:27.42	494	H	07/11/15	ASA London Region Winter Short Course Championship	London		2
5:29.01	487	H	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Chelsea&West	2
5:29.14	486	H	25/10/15	Team Luton Autumn Short Course Meet	Luton		3
5:40.75	438	F	17/01/15	Middlesex County Championships 2015	Hendon	Chelsea&West	2
5:44.97	422	F	29/11/14	CWSC Last Chance County Qualifier	Westminster	Chelsea&West	4
6:05.70	354	F	23/03/14	Middlesex County Championships	Enfield	Chelsea&West	2
6:11.50	338	F	29/11/13	Chelsea & Westminster Gala	Victoria	Chelsea&West	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:09.09	587	H	03/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
5:06.08	605	F	19/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	Chelsea&West	2
5:18.99	534	H	06/11/16	London Region Winter Championships	Stratford	Chelsea&West	2
5:29.01	487	H	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Chelsea&West	2
5:27.42	494	H	07/11/15	ASA London Region Winter Short Course Championship	London		2
5:29.14	486	H	25/10/15	Team Luton Autumn Short Course Meet	Luton		3
5:40.75	438	F	17/01/15	Middlesex County Championships 2015	Hendon	Chelsea&West	2
5:44.97	422	F	29/11/14	CWSC Last Chance County Qualifier	Westminster	Chelsea&West	4
6:05.70	354	F	23/03/14	Middlesex County Championships	Enfield	Chelsea&West	2
6:11.50	338	F	29/11/13	Chelsea & Westminster Gala	Victoria	Chelsea&West	4