

Individual Best Times (All Time)

Benjamin Pope - (1119398) - Havant & Waterlooville SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:44.78	233	H	12/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	Havant & Wat	4
5:45.91	231	H	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	Havant & Wat	3
5:51.18	220	H	03/03/19	National Para Swimming 2019	Liverpool	Havant & Wat	2
5:57.81	208	H	15/04/18	National Junior Para Swimming 2018	Southampton	Havant & Wat	2
6:08.81	190	H	10/12/17	National Para-Swimming Champs 2017	Manchester	Havant & Wat	2
6:43.78	145	H	11/06/17	Havant & Waterlooville Swim Out of Your Skin Open	Waterlooville	Havant & Wat	3
7:21.03	111	H	14/10/16	Havant & Waterlooville Club Championships	Waterlooville	Havant & Wat	4

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