

# Individual Best Times (All Time)

Joella Mcdonogh - (1118838) - Harpenden Swimming Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:10.45	243	F	21/05/16	Hemel Hempstead 5th Spring Development Meet	Hemel Hempstead	Harpenden	3
3:19.43	212	F	11/03/18	Potters Bar Spring Regional Qualifier	Furzeffield Centre	Harpenden	3
3:19.91	210	F	20/05/17	Hemel Hempstead Spring Development Meet	Hemel Hempstead	Harpenden	3
3:23.57	199	F	04/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	Harpenden	3
3:27.52	188	F	05/10/14	Harpenden Legacy Meet	Borehamwood	Harpenden	3
3:28.20	186	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Harpenden	3
3:28.82	184		19/10/14	Barnet Cophall 200 Meet	London	Harpenden	3
3:34.66	170	F	06/07/14	Harpenden SC 200m Championships 2014	Harpenden	Harpenden	4
3:40.87	156		20/10/13	Barnet Cophall 200m Meet	Hendon	Harpenden	3
4:09.39	108		19/01/13	Harpenden SC Club Championships	Hemel Hempstead	Harpenden	4

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