

Individual Best Times (All Time)

Alicia Cole - (1117327) - Adwick (Doncaster) SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.63	442	H	08/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	Donc Dartes	3
2:56.80	440	H	03/07/16	KUH End of Season Short Course Meet	Kingston upon Hull	Donc Dartes	3
2:57.13	438		17/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	Donc Dartes	3
2:58.06	431	H	02/07/17	End of Season Short Course Meet	Hull	Donc Dartes	3
2:59.20	423	H	10/02/18	Yorkshire County Championships	Leeds	Donc Dartes	2
2:59.76	419	H	06/11/16	ASA North East Region Age Group Championships	Sunderland	Donc Dartes	2
2:59.79	419	H	08/01/17	Harrogate Janus A & B Grade Meet	Harrogate	Donc Dartes	3
3:01.83	405	H	10/01/16	Harrogate District Janus Meet	Harrogate	Donc Dartes	3
3:02.90	398	H	03/04/16	Kingston upon Hull Easter Short Course Meet	Hull	Donc Dartes	3
3:03.44	394	H	22/11/15	ASANER Regional Age Group Championships	Sunderland		2
3:04.30	389	F	08/11/15	City of Cardiff Welsh Capital Open Meet	Cardiff	Donc Dartes	2
3:04.48	388		25/09/16	York City Baths Autumn Swim Extravaganza	Leeds	Donc Dartes	3
3:06.36	376	H	05/07/15	Kingston upon Hull End of Season Meet	Hull		3
3:12.66	340	H	05/04/15	Kingston upon Hull A B Meet	Hull		3
3:16.71	320	H	04/01/15	Harrogate District Janus Meet	Harrogate		3
3:27.91	271	H	20/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley		3
3:32.05	255	H	06/04/14	Kingston Upon Hull A B Meet	Hull	Dearne Vall	3

Swims in Date Order

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2:56.63	442	H	08/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	Donc Dartes	3
2:59.20	423	H	10/02/18	Yorkshire County Championships	Leeds	Donc Dartes	2
2:57.13	438		17/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	Donc Dartes	3
2:58.06	431	H	02/07/17	End of Season Short Course Meet	Hull	Donc Dartes	3
2:59.79	419	H	08/01/17	Harrogate Janus A & B Grade Meet	Harrogate	Donc Dartes	3
2:59.76	419	H	06/11/16	ASA North East Region Age Group Championships	Sunderland	Donc Dartes	2

3:04.48	388		25/09/16	York City Baths Autumn Swim Extravaganza	Leeds	Donc Dartes	3
2:56.80	440	H	03/07/16	KUH End of Season Short Course Meet	Kingston upon Hull	Donc Dartes	3
3:02.90	398	H	03/04/16	Kingston upon Hull Easter Short Course Meet	Hull	Donc Dartes	3
3:01.83	405	H	10/01/16	Harrogate District Janus Meet	Harrogate	Donc Dartes	3
3:03.44	394	H	22/11/15	ASANER Regional Age Group Championships	Sunderland		2
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