

# Individual Best Times (All Time)

Alicia Cole - (1117327) - Adwick (Doncaster) SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.53	494	H	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	Donc Dartes	3
5:00.84	454	H	10/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	Donc Dartes	3
5:01.61	451	H	08/01/17	Harrogate Janus A & B Grade Meet	Harrogate	Donc Dartes	3
5:01.93	449	H	09/01/16	Harrogate District Janus Meet	Harrogate	Donc Dartes	3
5:02.18	448		16/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	Donc Dartes	3
6:08.31	247	H	11/01/14	Harrogate SC Janus Meet	Harrogate	Dearne Vall	3
6:10.95	242		19/01/14	Doncaster Dartes Distance Time Trials	Adwick	Dearne Vall	4

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6:08.31	247	H	11/01/14	Harrogate SC Janus Meet	Harrogate	Dearne Vall	3