

Individual Best Times (All Time)

Alicia Cole - (1117327) - Adwick (Doncaster) SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
37.57	303		24/09/16	York City Baths Autumn Swim Extravaganza	Leeds	Donc Dartes	3
38.00	293	F	07/11/15	City of Cardiff Welsh Capital Open Meet	Cardiff	Donc Dartes	2
38.07	291		05/03/17	Doncaster Dartes March Sprints	Adwick	Dearne Vall	3
38.28	286		18/09/16	Doncaster Dartes September Sprints	Beverley	Dearne Vall	3
38.34	285	H	01/07/17	End of Season Short Course Meet	Hull	Donc Dartes	3
38.39	284		29/11/15	Doncaster Dartes SC Sing-Along-With-Santa 2015	Beverley	Dearne Vall	3
38.92	273	H	10/01/16	Harrogate District Janus Meet	Harrogate	Donc Dartes	3
38.98	271	H	12/11/17	Adwick Home Championships	Adwick	Adwick	4
39.01	271		04/03/18	Doncaster Dartes March Sprint	Adwick	Donc Dartes	3
39.80	255		08/03/15	Doncaster ASA John Harriman Championships	Adwick	Dearne Vall	4
40.46	243	H	04/01/15	Harrogate District Janus Meet	Harrogate		3
41.90	218		28/09/14	Doncaster Dartes SC September Sprints Meet 2014	Beverley	Dearne Vall	3
42.07	216		23/11/14	Doncaster Dartes Swim Along-a-Santa Meet	Beverley	Dearne Vall	3
42.87	204		21/06/14	Team Jorvik Viking Sprints	Leeds	Dearne Vall	3
43.17	200	H	05/04/14	Kingston Upon Hull A B Meet	Hull	Dearne Vall	3
46.67	158	H	12/01/14	Harrogate SC Janus Meet	Harrogate	Dearne Vall	3
47.43	150		06/10/13	Doncaster Metropolitan ASA Championship	Doncaster	Dearne Vall	4
47.72	148		24/11/13	Doncaster Dartes Swim Along Santa Meet	Beverley	Dearne Vall	3
47.93	146	H	02/11/13	York City Baths Regional Qualifier	Hull	Dearne Vall	3
50.25	126		29/09/13	Doncaster Dartes SC September Sprints	Beverley	Dearne Vall	3
57.47	84		22/06/13	Jorvik Viking Sprints 2013	Leeds	Dearne Vall	4
58.14	81		21/04/13	Doncaster Dartes SC Minster Meet 2013	Beverley	Dearne Vall	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
39.01	271		04/03/18	Doncaster Dartes March Sprint	Adwick	Donc Dartes	3

38.98	271	H	12/11/17	Adwick Home Championships	Adwick	Adwick	4
38.34	285	H	01/07/17	End of Season Short Course Meet	Hull	Donc Dartes	3
38.07	291		05/03/17	Doncaster Dartes March Sprints	Adwick	Dearne Vall	3
37.57	303		24/09/16	York City Baths Autumn Swim Extravaganza	Leeds	Donc Dartes	3
38.28	286		18/09/16	Doncaster Dartes September Sprints	Beverley	Dearne Vall	3
38.92	273	H	10/01/16	Harrogate District Janus Meet	Harrogate	Donc Dartes	3
38.39	284		29/11/15	Doncaster Dartes SC Sing-Along-With-Santa 2015	Beverley	Dearne Vall	3
38.00	293	F	07/11/15	City of Cardiff Welsh Capital Open Meet	Cardiff	Donc Dartes	2
39.80	255		08/03/15	Doncaster ASA John Harriman Championships	Adwick	Dearne Vall	4
40.46	243	H	04/01/15	Harrogate District Janus Meet	Harrogate		3
42.07	216		23/11/14	Doncaster Dartes Swim Along-a-Santa Meet	Beverley	Dearne Vall	3
41.90	218		28/09/14	Doncaster Dartes SC September Sprints Meet 2014	Beverley	Dearne Vall	3
42.87	204		21/06/14	Team Jorvik Viking Sprints	Leeds	Dearne Vall	3
43.17	200	H	05/04/14	Kingston Upon Hull A B Meet	Hull	Dearne Vall	3
46.67	158	H	12/01/14	Harrogate SC Janus Meet	Harrogate	Dearne Vall	3
47.72	148		24/11/13	Doncaster Dartes Swim Along Santa Meet	Beverley	Dearne Vall	3
47.93	146	H	02/11/13	York City Baths Regional Qualifier	Hull	Dearne Vall	3
47.43	150		06/10/13	Doncaster Metropolitan ASA Championship	Doncaster	Dearne Vall	4
50.25	126		29/09/13	Doncaster Dartes SC September Sprints	Beverley	Dearne Vall	3
57.47	84		22/06/13	Jorvik Viking Sprints 2013	Leeds	Dearne Vall	4
58.14	81		21/04/13	Doncaster Dartes SC Minster Meet 2013	Beverley	Dearne Vall	3