## **Individual Best Times (All Time)**

Harry Degen - (1116248) - Staines Swimming Club - 400 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:07.00	447	F	07/10/17	Maxwell October Meet	Aylesbury	Staines	3
5:15.60	411	Н	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	Staines	3
5:18.72	399	Н	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Staines	2
5:21.65	389	F	08/11/16	Staines Club Championships	Staines	Staines	4
5:27.74	367	F	23/01/16	MCASA County Championships 2016	Barnet	Staines	2
5:33.23	349	F	23/06/18	Staines Club Championships 2018	Spelthorne LC	Staines	4
5:33.80	348	F	11/10/15	Stanes Club Championships 2015	Englesfield	Staines	4

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