Individual Best Times (All Time)

James Hall - (1116060) - Fareham Nomads SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 5:09.93 | 321 | Н | 11/06/17 | Havant & Waterlooville Swim Out of Your Skin Open | Waterlooville | Locks Heath | 3 |
| 5:13.35 | 310 | F | 19/09/17 | Fareham Nomads Club Championships | Fareham | Fareham N'ds | 4 |
| 5:22.62 | 284 | Н | 11/06/16 | Swim Out of Your Skin Open Meet | Waterlooville | Locks Heath | 3 |
| 5:26.51 | 274 | Н | 14/10/16 | Locks Heath Swim Team Club Championships 2016 | Waterlooville | Locks Heath | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 5:13.35 | 310 | F | 19/09/17 | Fareham Nomads Club Championships | Fareham | Fareham N'ds | 4 |
| 5:09.93 | 321 | Н | 11/06/17 | Havant & Waterlooville Swim Out of Your Skin Open | Waterlooville | Locks Heath | 3 |
| 5:26.51 | 274 | Н | 14/10/16 | Locks Heath Swim Team Club Championships 2016 | Waterlooville | Locks Heath | 4 |
| 5:22.62 | 284 | Н | 11/06/16 | Swim Out of Your Skin Open Meet | Waterlooville | Locks Heath | 3 |

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