

Individual Best Times (All Time)

Mia Adlington - (1115275) - Braintree & Bocking SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-----------|-----------------|-------|
| 38.73 | 277 | H | 29/09/16 | Braintree & Bocking Club Championships 2016 | Braintree | Braintree | 4 |
| 39.04 | 270 | H | 05/11/15 | Braintree & Bocking Club Championships | Braintree | | 4 |
| 40.39 | 244 | H | 13/11/14 | Braintree & Bocking Club Championships | Braintree | | 4 |
| 40.63 | 240 | H | 10/05/14 | Braintree & Bocking Spring Festival | Braintree | Braintree | 3 |
| 41.17 | 230 | H | 20/09/14 | Basildon & Phoenix Autumn Meet | Basildon | | 3 |
| 47.05 | 154 | H | 10/11/13 | Braintree & Bocking Club Championships | Braintree | Braintree | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-----------|-----------------|-------|
| 38.73 | 277 | H | 29/09/16 | Braintree & Bocking Club Championships 2016 | Braintree | Braintree | 4 |
| 39.04 | 270 | H | 05/11/15 | Braintree & Bocking Club Championships | Braintree | | 4 |
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