

# Individual Best Times (All Time)

Emma Lavery - (1114266) - Gateshead & Whickham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:53.93	487	H	07/04/19	GAW Spring Meet	Dunston LC	Gates &Whick	3
5:02.90	445	F	19/11/17	Tynemouth ASC Winter Gala	Tynemouth	Gates &Whick	3
5:17.98	384	H	26/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	Gates &Whick	3
5:23.29	366	F	20/11/16	Tynemouth Winter Gala	Tynemouth	Gates &Whick	3
5:31.79	338	H	17/04/16	South Tyneside Spring Meet	South Shields	Gates &Whick	3
5:32.36	337	H	29/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	Gates &Whick	3
5:41.00	312	H	17/07/16	GAW Summer Invitation Meet	Dunston	Gates &Whick	4
5:47.43	295	H	13/12/15	Middlesborough Christmas Meet 2015	Middlesborough		3
6:26.82	213	H	19/04/15	South Tyneside ASC Spring Meet	South Shields		3

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