

Individual Best Times (All Time)

Mackenzi Ashford - (1113123) - Poole SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-------------------|-----------------|-------|
| 2:28.61 | 512 | H | 18/01/20 | Dorset 2020 Integrated Champs and Age Group Comp | Littledown | S Bournem'th | 2 |
| 2:30.62 | 492 | F | 16/11/19 | Swim Bournemouth L2 Winter Short Course | Littledown Centre | S Bournem'th | 2 |
| 2:31.51 | 483 | F | 06/07/21 | Swim Bournemouth | Canford | | 0 |
| 2:31.82 | 480 | F | 20/11/21 | Swim Bournemouth L2 Winter Meet | Bournemouth | | 2 |
| 2:33.25 | 467 | F | 20/10/18 | Millfield School & Street SC TYR | Millfield School | Bourmth Coll | 2 |
| 2:33.88 | 461 | F | 20/07/19 | Swim Bournemouth End of Season Summer Splash | Littledown LC | Bourmth Coll | 3 |
| 2:35.68 | 445 | H | 02/02/19 | Dorset 2019 Integrated Champs and Age Group Comp | Bournemouth | Bourmth Coll | 2 |
| 2:37.10 | 433 | H | 15/01/22 | Dorset County 2022 Championships & Age Group Comp | Littledown | S Bournem'th | 2 |
| 2:37.85 | 427 | F | 06/04/19 | Swim Bournemouth Spring Level 2 Open Meet | Bournemouth | Bourmth Coll | 2 |
| 2:37.95 | 426 | H | 14/01/23 | Dorset County Championships 2023 | Littledown | Poole | 2 |
| 2:40.34 | 408 | H | 04/02/18 | Dorset County ASA Champs & Age Group Competition | Littledown | Bourmth Coll | 2 |
| 2:40.52 | 406 | F | 24/09/19 | Swim Bournemouth Club Championships | Bournemouth | S Bournem'th | 4 |
| 2:47.21 | 359 | H | 01/07/17 | Dorset County ASA Development Comp 2017 | Littledown | Bourmth Coll | 3 |
| 2:57.18 | 302 | H | 26/02/17 | Dorset County Champs & Age Groups | Bournemouth | Bourmth Coll | 2 |
| 2:59.22 | 292 | F | 15/10/16 | Swim Bournemouth Autumn L2 Open Meet | Bournemouth | Bourmth Coll | 2 |
| 3:00.44 | 286 | | 02/07/16 | 2016 Dorset Development Competition | Littledown | Bourmth Coll | 3 |
| 3:12.38 | 236 | | 20/02/16 | Dorset County ASA Integrated Champs & AG | Littledown | Bourmth Coll | 2 |
| 3:13.54 | 232 | F | 03/10/15 | 2015 Poole Early Bird Autumn Open Meet | Poole | Bourmth Coll | 3 |
| 3:16.45 | 221 | H | 28/11/15 | Trowbridge County Qualifier Open Meet | Trowbridge | Bournemouth | 3 |
| 3:24.20 | 197 | | 01/03/15 | Dorset County ASA 2015 Interated BAGCATs | Littledown | Bourmth Coll | 2 |
| 3:32.63 | 175 | H | 30/11/14 | Swindon Dolphins Open Meet | Swindon | Bournemouth | 3 |
| 3:39.89 | 158 | F | 16/11/14 | Millfield & Taunton Super Series | Millfield | Bourmth Coll | 2 |

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