

Individual Best Times (All Time)

Kahlen Arundell - (1111057) - Black Lion SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------|--------------|-----------------|-------|
| 5:23.86 | 511 | H | 04/10/22 | Maidstone SC Club Championships 2022 | Maidstone | Maidstone SC | 4 |
| 5:28.42 | 490 | H | 02/11/21 | Maidstone Club Championships 2021 | Maidstone LC | Maidstone SC | 4 |
| 5:53.37 | 393 | H | 20/09/19 | GNSC Club Championships | Cygnets | Gravesend | 4 |

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