

# Individual Best Times (All Time)

Lauren Kent - (1105305) - Staines Swimming Club - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.82	411	F	09/11/19	National Arena Swimming League South Round Two	Portsmouth	Staines	3
1:23.84	411	F	25/02/17	Black Swan B-C Grade Meet 2017	Walton on Thames	Staines	3
1:24.11	407	F	24/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	Staines	3
1:25.26	391	H	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	Staines	3
1:25.41	389	F	14/12/19	NASL South Round 3	Bognor Regis	Staines	3
1:27.10	366	F	19/09/16	Staines Club Championships 2016	Knowle Green	Staines	4
1:27.71	359	F	09/07/16	Black Swan Summer Open Meet	Walton on Thames	Staines	3
1:27.94	356	F	16/06/19	Staines Club Championships 2019	Staines	Staines	4
1:28.80	346	F	02/12/17	BHSC Christmas Cracker County Qualifier 2017	Hendon	Staines	3
1:29.61	337	F	27/11/16	Black Swan County Qualifier Meet 2016	Walton on Thames	Staines	3
1:31.09	320	F	20/09/15	Staines Club Championships 2015	Spelthorne	Staines	4
1:32.42	307	F	21/11/15	Black Swan Winter Open Meet 2015	Walton-on-Thames	Staines	3
1:33.05	301	F	03/10/15	MCASA Winter Development Meet	Enfield	Staines	3
1:35.23	280	F	12/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	Staines	3
1:36.78	267	F	01/03/15	MCASA Spring Development Meet	Enfield	Staines	3
1:39.99	242	F	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge	Staines	3
1:42.59	224	F	16/11/14	Staines Club Championships	Staines	Staines	4
1:44.89	210	F	25/09/13	Staines Club Championships	Elmbridge	Staines	4
1:47.91	192	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Staines	3
1:49.43	185	F	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Staines	3
1:49.49	184	F	01/02/14	Hatfield Valentines Meet	Hertfordshire	Staines	3
1:49.88	182	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3

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