

# Individual Best Times (All Time)

Lauren Kent - (1105305) - Staines Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet  | Venue            | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------------|-----------------|-------|
| 36.62 | 464    | H     | 07/04/18 | Hatfield Regionals Qualifier Meet 2018          | HERTFORDSHIRE SC | Staines         | 3     |
| 37.08 | 447    | F     | 07/04/18 | Hatfield Regionals Qualifier Meet 2018          | HERTFORDSHIRE SC | Staines         | 3     |
| 37.16 | 444    | H     | 23/09/17 | Team Luton Autumn Short Course Meet 2017        | Luton            | Staines         | 3     |
| 37.34 | 438    | F     | 28/10/18 | Hart SC Autumn Level 3 Open Meet 2018           | Hart             | Staines         | 3     |
| 37.62 | 428    | F     | 09/06/19 | Staines Club Championships 2019                 | Staines          | Staines         | 4     |
| 37.75 | 424    | F     | 16/07/17 | Black Swan Summer Open Meet 2017                | Walton on Thames | Staines         | 3     |
| 38.15 | 411    | F     | 02/12/17 | BHSC Christmas Cracker County Qualifier 2017    | Hendon           | Staines         | 3     |
| 38.17 | 410    | F     | 16/06/18 | Staines Club Championships 2018                 | Spelthorne LC    | Staines         | 4     |
| 38.36 | 404    | F     | 25/03/18 | Black Swan Regional Qualifier Meet 2018         | Elmbridge        | Staines         | 3     |
| 38.37 | 404    | F     | 25/11/17 | Black Swan County Qualifier Meet 2017           | Walton On Thames | Staines         | 3     |
| 38.51 | 399    | F     | 26/11/16 | Black Swan County Qualifier Meet 2016           | Walton on Thames | Staines         | 3     |
| 38.61 | 396    | F     | 17/12/16 | Hillingdon Winter Short Course Open Meet        | Uxbridge         | Staines         | 3     |
| 38.89 | 388    | F     | 14/07/18 | BLACK SWAN SUMMER OPEN MEET 2018                | ELMBRIDGE        | Staines         | 3     |
| 39.35 | 374    | F     | 10/07/16 | Black Swan Summer Open Meet                     | Walton on Thames | Staines         | 3     |
| 39.56 | 368    | F     | 02/04/17 | Black Swan Regional Qualifier Meet 2017         | Elmbridge Xcel   | Staines         | 3     |
| 39.85 | 360    | F     | 20/09/16 | Staines Club Championships 2016                 | Knowle Green     | Staines         | 4     |
| 40.02 | 356    | F     | 27/02/16 | Staines Black Swan B & C Grade Meet             | Walton on Thames | Staines         | 3     |
| 40.80 | 336    | F     | 22/05/16 | Atlantis Horsham Spring Open Meet               | Horsham          | Staines         | 3     |
| 40.87 | 334    | F     | 19/09/15 | Staines Club Championships 2015                 | Knowle Green     | Staines         | 4     |
| 40.91 | 333    | F     | 14/03/15 | MCASA Spring Development Meet                   | Enfield          | Staines         | 3     |
| 41.45 | 320    | F     | 11/07/15 | Black Swan Summer Open Meet 2015 (non nat qual) | Walton-on-Thames | Staines         | 3     |
| 44.07 | 266    | F     | 01/11/14 | Elmbridge Phoenix Gala                          | Walton on Thames |                 | 3     |
| 44.51 | 258    | F     | 19/10/14 | Staines SC Black Swan Winter Meet               | Elmbridge        |                 | 3     |
| 45.84 | 237    | F     | 20/10/13 | Staines SC Black Swan Winter Meet 2013          | Elmbridge        | Staines         | 3     |
| 46.37 | 229    | F     | 01/02/14 | Hatfield Valentines Meet                        | Hertfordshire    | Staines         | 3     |
| 46.44 | 227    | F     | 19/01/14 | Staines Black Swan County Qualifier 2014        | Elmbridge        | Staines         | 3     |
| 46.82 | 181    | F     | 12/07/12 | Staines Black Swan Summer Meet                  | Elmbridge        | Staines         | 3     |

|       |     |   |          |                                |           |         |   |
|-------|-----|---|----------|--------------------------------|-----------|---------|---|
| 49.22 | 191 | F | 13/07/13 | Staines Black Swan Summer Meet | Elmbridge | Staines | 3 |
| 50.31 | 179 | F | 21/09/13 | Staines SC Club Championships  | Staines   | Staines | 4 |

## Swims in Date Order

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|-------|--------|-------|----------|---|------------------|-----------------|-------|
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| 38.89 | 388    | F     | 14/07/18 | BLACK SWAN SUMMER OPEN MEET 2018                | ELMBRIDGE        | Staines         | 3     |
| 38.17 | 410    | F     | 16/06/18 | Staines Club Championships 2018                 | Spelthorne LC    | Staines         | 4     |
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| 37.16 | 444    | H     | 23/09/17 | Team Luton Autumn Short Course Meet 2017        | Luton            | Staines         | 3     |
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| 38.61 | 396    | F     | 17/12/16 | Hillingdon Winter Short Course Open Meet        | Uxbridge         | Staines         | 3     |
| 38.51 | 399    | F     | 26/11/16 | Black Swan County Qualifier Meet 2016           | Walton on Thames | Staines         | 3     |
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| 40.80 | 336    | F     | 22/05/16 | Atlantis Horsham Spring Open Meet               | Horsham          | Staines         | 3     |
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| 41.45 | 320    | F     | 11/07/15 | Black Swan Summer Open Meet 2015 (non nat qual) | Walton-on-Thames | Staines         | 3     |
| 40.91 | 333    | F     | 14/03/15 | MCASA Spring Development Meet                   | Enfield          | Staines         | 3     |
| 44.07 | 266    | F     | 01/11/14 | Elmbridge Phoenix Gala                          | Walton on Thames |                 | 3     |
| 44.51 | 258    | F     | 19/10/14 | Staines SC Black Swan Winter Meet               | Elmbridge        |                 | 3     |
| 46.37 | 229    | F     | 01/02/14 | Hatfield Valentines Meet                        | Hertfordshire    | Staines         | 3     |
| 46.44 | 227    | F     | 19/01/14 | Staines Black Swan County Qualifier 2014        | Elmbridge        | Staines         | 3     |
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| 50.31 | 179    | F     | 21/09/13 | Staines SC Club Championships                   | Staines          | Staines         | 4     |
| 49.22 | 191    | F     | 13/07/13 | Staines Black Swan Summer Meet                  | Elmbridge        | Staines         | 3     |