

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:01.21	409	H	16/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
3:02.24	402	H	14/04/18	Thurrock Essex & Regional Qualifier 2018	Thurrock	Basildon Ph	3
3:02.95	397	H	20/01/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	2
3:03.46	394	H	28/09/19	BPSC Season Opener 2019	Basildon	Basildon Ph	3
3:03.97	391	H	27/11/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
3:08.48	363	H	02/04/17	Thurrock Essex & Regional Qualifier	Thurrock	Basildon Ph	3
3:09.57	357	H	07/07/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
3:11.17	348	H	12/03/17	BPSC Spring Time Trial Event 2017	Basildon	Basildon Ph	3
3:13.14	338	H	17/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Basildon Ph	3
3:20.57	302	H	24/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
3:20.90	300	H	27/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
3:22.12	295	H	13/03/16	Basildon & Phoenix SC Spring Time Trial Event 2016	Basildon	Basildon Ph	3
3:35.19	244	H	29/11/15	Basildon & Phoenix Club Championships 2015	Basildon		4
3:39.60	230	F	31/10/15	Enfield Swim Squad County Qualifier	Enfield	Basildon Ph	3
3:45.83	211	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
3:49.81	200	H	15/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon		3
3:56.57	184	H	03/01/15	Basildon & Phoenix Winter Meet	Basildon		2
4:00.52	175	H	20/12/14	Basildon & Phoenix Club Championships 2014	Basildon		4
4:06.09	163	H	25/10/14	Basildon & Phoenix Autumn Meet	Basildon		3
4:11.76	152		05/04/14	BWFSC Secondary Age Group Meet 2014	Walthamstow	Rochford	3
4:38.00	113	H	08/12/13	Rochford & District SC Club Time Trials 2013	Rochford	Rochford	4

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