

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
37.42	435	H	15/12/19	Dave Warriner Sprint Event 2019	Basildon	Basildon Ph	3
37.69	426	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
37.70	426	H	17/03/19	BPSC Regional County Qualifier 2019	Basildon	Basildon Ph	3
37.80	422	H	15/03/20	BPSC Spring Regional Qualifier 2020	Basildon	Basildon Ph	3
37.88	420	H	30/09/18	BPSC Season Opener 2018	Basildon	Basildon Ph	3
38.18	410	H	16/12/18	BPSC Last Chance County Qualifier 2018	Basildon	Basildon Ph	3
38.47	401	H	12/12/21	Basildon & Phoenix Last Chance County Qualifier 21	Basildon	Basildon Ph	3
38.53	399	H	16/10/22	Essex Winter Championships 2022	Basildon	Basildon Ph	2
38.85	389	H	04/12/22	Basildon & Phoenix SC Last Chance County Qualifier	Basildon	Basildon Ph	3
39.09	382	H	21/06/19	BPSC Club Championships 2019	Basildon	Basildon Ph	4
39.10	381	H	07/11/21	SE East Region Short Course Championships	Luton	Basildon Ph	2
39.10	381	H	18/09/22	BPSC Autumn Season Opener 2022	Basildon	Basildon Ph	3
39.13	381	H	17/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
39.13	381	H	25/02/23	Essex Age Group County Championships 2023	Basildon	Basildon Ph	2
39.27	377	H	17/10/21	Swim England Essex Winter Championships 2021	Basildon	Basildon Ph	2
39.42	372	H	29/06/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
39.80	362	H	16/09/17	BPSC Dave Warriner Early Season Meet	Basildon	Basildon Ph	3
39.91	359	H	24/11/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
40.20	351	H	10/10/20	Basildon and Phoenix SC	Basildon	Basildon Ph	0
40.68	339	H	25/09/21	Basildon and Phoenix Dave Warriner Sprint Meet	Basildon	Basildon Ph	3
41.79	312	H	02/04/17	Thurrock Essex & Regional Qualifier	Thurrock	Basildon Ph	3
41.88	310	H	18/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Basildon Ph	3
42.44	298	F	12/11/16	NASL London	Harlow	Basildon Ph	3
42.68	293	F	08/10/16	NASL London	Hatfield	Basildon Ph	3
43.25	282	H	10/06/16	BPSC Summer Club Champs	Basildon	Basildon Ph	4
43.34	280	H	10/09/16	BPSC Dave Warriner Early Season Taster	Basildon	Basildon Ph	3
43.63	274	H	25/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4

45.55	274	H	23/11/15	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
46.38	228	H	27/11/15	Basildon & Phoenix Club Championships 2015	Basildon		4
46.84	222	H	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
47.68	210	H	12/06/15	Basildon & Phoenix Summer Club Champs Splash	Basildon		4
48.65	198	H	13/09/15	Basildon & Phoenix End of Season Taster Meet	Basildon		3
48.84	195	H	04/07/15	Basildon & Phoenix Independence Day Novice Gala	Basildon		3
48.87	195	F	01/11/15	Enfield Swim Squad County Qualifier	Enfield	Basildon Ph	3
50.64	175	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
52.83	154	H	09/11/14	BOSS Firework Spectacular Gala	Southend		3
53.62	148	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon		2
55.69	132	H	05/12/14	Basildon & Phoenix Club Championships	Basildon		4
55.76	131		06/04/14	BWFSC Secondary Age Group Meet 2014	Walthamstow	Rochford	3
56.44	127	H	26/10/14	Basildon & Phoenix Autumn Meet	Basildon		3
56.55	126	H	20/09/14	Basildon & Phoenix Autumn Meet	Basildon		3
56.69	125	H	15/06/14	Rochford & District SC Club Championships 2014	Rochford	Rochford	4
1:02.78	92	H	08/12/13	Rochford & District SC Club Time Trials 2013	Rochford	Rochford	4

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