

# Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:54.01	486	H	01/07/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
4:56.89	472	H	22/06/19	BPSC Club Championships 2019	Basildon	Basildon Ph	4
5:13.60	401	H	26/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
5:23.95	363	H	25/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
5:47.19	295	H	28/11/15	Basildon & Phoenix Club Championships 2015	Basildon		4
6:47.20	183	H	06/12/14	Basildon & Phoenix Club Championships	Basildon		4

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