

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:32.25	473	H	06/07/19	BPSC Club Championships 2019	Basildon	Basildon Ph	4
5:34.11	465	H	19/10/19	Essex Senior Winter Champs	Basildon	Basildon Ph	2
5:45.28	421	H	07/07/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
6:13.67	332	H	27/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
6:45.84	259	H	29/11/15	Basildon & Phoenix Club Championships 2015	Basildon		4

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