

# Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.59	464	H	15/03/20	BPSC Spring Regional Qualifier 2020	Basildon	Basildon Ph	3
2:33.76	462	H	17/03/19	BPSC Regional County Qualifier 2019	Basildon	Basildon Ph	3
2:35.61	446	H	06/07/19	BPSC Club Championships 2019	Basildon	Basildon Ph	4
2:36.33	440	H	17/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
2:37.00	434	H	27/11/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
2:37.03	434	H	20/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
2:37.76	428	H	30/09/18	BPSC Season Opener 2018	Basildon	Basildon Ph	3
2:37.80	428	H	01/10/17	BPSC Season Opener 2017	Basildon	Basildon Ph	3
2:43.01	388	H	04/12/22	Basildon & Phoenix SC Last Chance County Qualifier	Basildon	Basildon Ph	3
2:46.80	362	H	02/04/17	Thurrock Essex & Regional Qualifier	Thurrock	Basildon Ph	3
2:49.37	346	H	18/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Basildon Ph	3
2:57.30	301	H	12/03/16	Basildon & Phoenix SC Spring Time Trial Event 2016	Basildon	Basildon Ph	3
3:10.63	242	H	29/11/15	Basildon & Phoenix Club Championships 2015	Basildon		4
3:19.75	211	H	14/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon		3
3:28.35	186	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
3:29.30	183	H	20/12/14	Basildon & Phoenix Club Championships 2014	Basildon		4
3:29.46	183	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Rochford	3
3:31.18	178	H	03/01/15	Basildon & Phoenix Winter Meet	Basildon		2
3:35.18	168	H	25/10/14	Basildon & Phoenix Autumn Meet	Basildon		3
3:40.19	157	H	15/06/14	Rochford & District SC Club Championships 2014	Rochford	Rochford	4

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3:28.35	186	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
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