

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.31	435	H	19/10/19	Essex Senior Winter Champs	Basildon	Basildon Ph	2
33.43	430	H	15/12/19	Dave Warriner Sprint Event 2019	Basildon	Basildon Ph	3
33.61	424	H	15/03/20	BPSC Spring Regional Qualifier 2020	Basildon	Basildon Ph	3
33.76	418	H	26/02/23	Essex Age Group County Championships 2023	Basildon	Basildon Ph	2
33.88	413	H	17/03/19	BPSC Regional County Qualifier 2019	Basildon	Basildon Ph	3
33.92	412	H	11/03/18	BPSC Spring Regional Qualifier 2018	Basildon	Basildon Ph	3
33.93	412	H	20/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
33.98	410	H	16/10/22	Essex Winter Championships 2022	Basildon	Basildon Ph	2
34.36	396	H	20/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Basildon Ph	3
34.46	393	H	16/12/18	BPSC Last Chance County Qualifier 2018	Basildon	Basildon Ph	3
34.64	387	H	18/09/22	BPSC Autumn Season Opener 2022	Basildon	Basildon Ph	3
34.68	385	H	09/10/22	Basildon & Phoenix SC Autumn Sprint Meet 2022	Basildon	Basildon Ph	3
34.86	380	H	30/09/18	BPSC Season Opener 2018	Basildon	Basildon Ph	3
35.57	357	H	03/12/22	Basildon & Phoenix SC Last Chance County Qualifier	Basildon	Basildon Ph	3
35.58	357	H	01/07/17	Basildon & Phoenix Novice Meet 2017	Basildon	Basildon Ph	3
35.72	353	H	06/11/21	SE East Region Short Course Championships	Luton	Basildon Ph	2
35.83	349	H	05/07/19	BPSC Club Championships 2019	Basildon	Basildon Ph	4
35.88	348	H	06/07/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
35.91	347	H	01/12/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
35.91	347	H	16/10/21	Swim England Essex Winter Championships 2021	Basildon	Basildon Ph	2
36.47	331	H	16/09/17	BPSC Dave Warriner Early Season Meet	Basildon	Basildon Ph	3
36.55	329	H	10/10/20	Basildon and Phoenix SC	Basildon	Basildon Ph	0
36.82	322	H	01/04/17	Thurrock Essex & Regional Qualifier	Thurrock	Basildon Ph	3
37.25	311	H	25/09/21	Basildon and Phoenix Dave Warriner Sprint Meet	Basildon	Basildon Ph	3
41.22	229	H	10/06/16	BPSC Summer Club Champs	Basildon	Basildon Ph	4
42.25	213	H	20/12/15	Basildon & Phoenix Last Chance County Qualifier	Basildon	Basildon Ph	3
44.18	188	H	12/09/15	Basildon & Phoenix End of Season Tester Meet	Basildon	Basildon Ph	2

44.10	100	H	13/09/13	Basildon & Phoenix End of Season Taster Meet	Basildon			3
44.25	185	H	12/06/15	Basildon & Phoenix Summer Club Champs Splash	Basildon			4
45.13	175	H	04/07/15	Basildon & Phoenix Independence Day Novice Gala	Basildon			3
45.38	172	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon			2
45.57	170	H	18/04/15	Essex & Regional Qualifier	Thurrock			3
46.41	161		06/04/14	BWFSC Secondary Age Group Meet 2014	Walthamstow		Rochford	3
47.75	147	H	20/09/14	Basildon & Phoenix Autumn Meet	Basildon			3
48.01	145	H	26/10/14	Basildon & Phoenix Autumn Meet	Basildon			3
48.40	141	H	09/11/14	BOSS Firework Spectacular Gala	Southend			3
53.90	102	H	07/12/13	Rochford & District SC Club Time Trials 2013	Rochford		Rochford	4

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