

Individual Best Times (All Time)

Sophie Jenkinson - (1103148) - Rochford & District SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.67	461	H	15/12/19	Dave Warriner Sprint Event 2019	Basildon	Basildon Ph	3
29.86	452	H	14/03/20	BPSC Spring Regional Qualifier 2020	Basildon	Basildon Ph	3
29.91	450	H	26/10/19	BPSC Autumn County Qualifier 2019	Basildon	Basildon Ph	3
29.92	450	H	29/09/18	BPSC Season Opener 2018	Basildon	Basildon Ph	3
29.97	447	H	16/03/19	BPSC Regional County Qualifier 2019	Basildon	Basildon Ph	3
29.98	447	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
30.06	443	H	10/03/18	BPSC Spring Regional Qualifier 2018	Basildon	Basildon Ph	3
30.14	440	H	28/09/19	BPSC Season Opener 2019	Basildon	Basildon Ph	3
30.19	438	H	07/12/19	BPSC Last Chance County Qualifier 2019	Basildon	Basildon Ph	3
30.22	436	H	04/12/22	Basildon & Phoenix SC Last Chance County Qualifier	Basildon	Basildon Ph	3
30.41	428	H	15/10/22	Essex Winter Championships 2022	Basildon	Basildon Ph	2
30.47	426	H	06/07/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
30.50	424	H	11/03/23	Basildon & Phoenix Spring Regional Qualifier 2023	Basildon	Basildon Ph	3
30.51	424	H	01/12/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
30.56	422	H	17/10/21	Swim England Essex Winter Championships 2021	Basildon	Basildon Ph	2
30.63	419	H	09/10/22	Basildon & Phoenix SC Autumn Sprint Meet 2022	Basildon	Basildon Ph	3
30.65	418	H	05/07/19	BPSC Club Championships 2019	Basildon	Basildon Ph	4
30.70	416	H	19/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Basildon Ph	3
30.77	413	H	07/11/21	SE East Region Short Course Championships	Luton	Basildon Ph	2
30.78	413	H	16/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
30.91	408	H	17/09/22	BPSC Autumn Season Opener 2022	Basildon	Basildon Ph	3
30.99	405	H	29/05/21	Basildon & Phoenix	Basildon SV	Basildon Ph	0
31.08	401	H	16/09/17	BPSC Dave Warriner Early Season Meet	Basildon	Basildon Ph	3
31.29	393	H	11/12/21	Basildon & Phoenix Last Chance County Qualifier 21	Basildon	Basildon Ph	3
31.38	390	H	01/04/17	Thurrock Essex & Regional Qualifier	Thurrock	Basildon Ph	3
31.55	383	H	10/10/20	Basildon and Phoenix SC	Basildon	Basildon Ph	0
31.56	382	H	26/06/21	BPSC Club Championships 2021	Basildon	Basildon Ph	4

31.39	362	H	20/06/21	BPSC Club Championships 2021	Basildon	Basildon Ph	4
31.96	369	H	12/03/17	BPSC Spring Time Trial Event 2017	Basildon	Basildon Ph	3
32.27	358	H	25/09/21	Basildon and Phoenix Dave Warriner Sprint Meet	Basildon	Basildon Ph	3
32.46	352	H	17/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Basildon Ph	3
32.68	345	H	02/12/16	Basildon & Phoenix Club Championships 2016	Basildon	Basildon Ph	4
33.00	335	H	10/06/16	BPSC Summer Club Champs	Basildon	Basildon Ph	4
33.20	329	H	13/03/16	Basildon & Phoenix SC Spring Time Trial Event 2016	Basildon	Basildon Ph	3
33.96	307	H	24/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
34.25	300	H	10/09/16	BPSC Dave Warriner Early Season Taster	Basildon	Basildon Ph	3
34.74	287	H	19/12/15	Basildon & Phoenix Last Chance County Qualifier	Basildon	Basildon Ph	3
35.02	280	H	04/12/15	Basildon & Phoenix Club Championships 2015	Basildon		4
35.62	266	H	12/06/15	Basildon & Phoenix Summer Club Champs Splash	Basildon		4
36.31	251	H	15/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon		3
36.36	250	H	18/04/15	Essex & Regional Qualifier	Thurrock		3
36.41	249	H	04/07/15	Basildon & Phoenix Independence Day Novice Gala	Basildon		3
36.63	245	H	13/09/15	Basildon & Phoenix End of Season Taster Meet	Basildon		3
36.67	244	F	31/10/15	Enfield Swim Squad County Qualifier	Enfield	Basildon Ph	3
37.80	223	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon		2
38.38	213	H	09/11/14	BOSS Firework Spectacular Gala	Southend		3
38.78	206	H	19/12/14	Basildon & Phoenix Club Championships 2014	Basildon		4
38.92	204		05/04/14	BWFSC Secondary Age Group Meet 2014	Walthamstow	Rochford	3
39.28	198	H	18/01/15	Essex County Age Group Championships 2015	Basildon		2
39.31	198	F	26/04/14	London Borough of Redbridge Meet 2014	Barking	Rochford	3
39.49	195	H	26/10/14	Basildon & Phoenix Autumn Meet	Basildon		3
40.04	187	H	20/09/14	Basildon & Phoenix Autumn Meet	Basildon		3
40.37	183	H	12/06/14	Rochford & District SC Club Championships 2014	Rochford	Rochford	4
43.18	149	H	07/12/13	Rochford & District SC Club Time Trials 2013	Rochford	Rochford	4

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