

Individual Best Times (All Time)

Alexandra Castle - (1102227) - Bracknell & Wokingham SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 1:15.73 | 558 | H | 06/10/19 | Swim England National County Team Champs 2019 D1 | Sheffield | Berks&SBucks | 2 |
| 1:16.23 | 547 | H | 03/11/18 | Swim England South East Open & Junior Champs | Portsmouth | Bracknell | 2 |
| 1:16.40 | 543 | F | 10/11/18 | National Arena Swimming League South Round 2 | Wycombe | Bracknell | 3 |
| 1:16.66 | 538 | F | 12/10/19 | NASL South League Round One | Bracknell | Bracknell | 3 |
| 1:16.67 | 538 | F | 09/11/19 | National Arena Swimming League South Round Two | Westcroft LC | Bracknell | 3 |
| 1:16.74 | 536 | F | 13/10/18 | NASL South Round One 2018 | Bracknell | Bracknell | 3 |
| 1:17.37 | 523 | H | 29/09/18 | RR Winter National & Regional Qualifier L2 Meet | Hart | Bracknell | 2 |
| 1:17.55 | 519 | F | 14/12/19 | NASL South Round 3 | Guildford | Bracknell | 3 |
| 1:17.93 | 512 | F | 08/12/18 | National Arena Swimming League South R3 2018 | Epsom | Bracknell | 3 |
| 1:18.22 | 506 | H | 06/07/19 | Bracknell & Wokingham Club Championships 2019 | Bracknell | Bracknell | 4 |
| 1:18.32 | 504 | H | 16/06/18 | Bracknell & Wokingham Club Championships 2018 | Bracknell | Bracknell | 4 |
| 1:19.94 | 474 | F | 26/11/17 | Wycombe County & Regional Qualifier | Wycombe | Bracknell | 3 |
| 1:20.03 | 473 | F | 11/11/17 | NASLS - ROUND TWO | GUILDFORD | Bracknell | 3 |
| 1:20.34 | 467 | H | 20/11/22 | BUCS Short Course 2022-23 | Sheffield | | 2 |
| 1:20.42 | 466 | F | 09/12/17 | NASLS - Round Three | Waterlooville | Bracknell | 3 |
| 1:21.69 | 444 | H | 17/06/17 | Bracknell & Wokingham 2017 Club Championships | Bracknell | Bracknell | 4 |
| 1:21.89 | 441 | F | 14/10/17 | NASLS - Round One | Waterlooville | Bracknell | 3 |
| 1:22.13 | 437 | H | 14/01/17 | Berks & Sth Bucks ASA 2017 County Championships | Wycombe | Bracknell | 2 |
| 1:22.45 | 432 | F | 14/01/17 | Berks & Sth Bucks ASA 2017 County Championships | Wycombe | Bracknell | 2 |
| 1:22.52 | 431 | F | 30/09/17 | 17th James Moreno Open Meet | Southampton | Bracknell | 2 |
| 1:23.33 | 419 | H | 16/10/16 | Rushmoor Royals Autumn Open Meet 2016 | Aldershot | Bracknell | 2 |
| 1:23.64 | 414 | H | 01/10/16 | Bracknell & Wokingham 2016 Club Champs | Bracknell | Bracknell | 4 |
| 1:24.55 | 401 | F | 08/10/16 | NASL South | Bracknell | Bracknell | 3 |
| 1:25.01 | 394 | F | 10/12/16 | NASLS - Round 3 | Maidenhead | Mid Sussex | 3 |
| 1:25.32 | 390 | F | 12/11/16 | NASLS Round 2 | Guildford | Bracknell | 3 |
| 1:27.42 | 362 | H | 16/01/16 | Berkshire & Sth Bucks 2016 County Championships | Maidenhead | Bracknell | 2 |
| 1:28.53 | 340 | H | 28/11/15 | The Bracknell Winter Level 2 Open Meet 2015 | Bracknell | | 2 |

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|---------|-----|---|----------|--|------------|-----------|---|
| 1:20.34 | 349 | H | 20/11/15 | The Bracknell Winter Level 3 Open Meet 2015 | Bracknell | | |
| 1:31.48 | 316 | H | 03/10/15 | Bracknell & Wokingham SC 2015 Club Championships | Bracknell | | 4 |
| 1:38.09 | 256 | H | 17/01/15 | Windsor Level 2 Open Meet | Maidenhead | | 2 |
| 1:40.50 | 238 | H | 04/10/14 | Bracknell & Wokingham Club Championships | Bracknell | | 4 |
| 1:41.41 | 232 | H | 05/07/14 | Bracknell & Woking Summer Meet | Bracknell | Bracknell | 3 |

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