

# Individual Best Times (All Time)

Alexandra Castle - (1102227) - Bracknell & Wokingham SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet  | Venue            | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------------|-----------------|-------|
| 33.03 | 446    | H     | 07/12/19 | Bracknell & Wokingham 2019 President's Cup      | Bracknell        | Bracknell       | 4     |
| 33.43 | 430    | H     | 15/12/18 | Bracknell and Wokingham 2018 President's Cup    | Bracknell        | Bracknell       | 4     |
| 33.46 | 429    | H     | 28/09/19 | Rushmoor Royals 50m Challenge 2019              | Hart             | Bracknell       | 3     |
| 34.56 | 389    | H     | 16/12/17 | 2017 President's Cup                            | Bracknell        | Bracknell       | 4     |
| 35.16 | 370    | F     | 09/04/17 | L3 Regional Qualifier                           | Guildford        | Bracknell       | 3     |
| 35.19 | 369    | F     | 28/10/17 | Hart Autumn Level 3 Open Meet                   | Hart             | Bracknell       | 3     |
| 35.21 | 368    | H     | 28/01/17 | Berks & Sth Bucks ASA 2017 County Championships | Maidenhead       | Bracknell       | 2     |
| 35.25 | 367    | H     | 02/11/20 | Bracknell & Wokingham SC                        | Lambrook School  | Bracknell       | 0     |
| 35.30 | 365    | H     | 17/12/16 | 2016 President's Cup                            | Bracknell        | Bracknell       | 4     |
| 35.91 | 347    | H     | 06/02/16 | Berkshire & Sth Bucks 2016 County Championships | Maidenhead       | Bracknell       | 2     |
| 36.37 | 334    | F     | 16/04/16 | Staines Black Swan Regional Qualifier 2016      | Walton-on-Thames | Bracknell       | 3     |
| 37.38 | 308    | H     | 19/12/15 | Bracknell & Woking Presidents Cup               | Maidenhead       | Bracknell       | 4     |
| 37.77 | 298    | H     | 21/03/15 | Berks & S Bucks ASA County & Age Group Champs   | Maidstone        |                 | 2     |
| 38.58 | 280    | H     | 03/01/15 | Bracknell & Wokingham President's Cup           | Bracknell        |                 | 4     |
| 39.24 | 266    | H     | 06/12/14 | The Bracknell Winter Level 3 Open Meet          | Bracknell        |                 | 3     |
| 40.99 | 233    | H     | 05/07/14 | Bracknell & Woking Summer Meet                  | Bracknell        | Bracknell       | 3     |
| 43.96 | 189    | H     | 04/01/14 | Bracknell & Wokingham Presidents Cup            | Bracknell        | Bracknell       | 4     |
| 49.72 | 130    | F     | 16/06/13 | Borough of Harrow SC End of Season Open Meet    | Barnet           | Bracknell       | 3     |
| 49.77 | 130    | H     | 13/10/13 | Berks & South Bucks Development Meet            | Bracknell        | Bracknell       | 3     |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet   | Venue           | Club Swam Under | Level |
|-------|--------|-------|----------|--|-----------------|-----------------|-------|
| 35.25 | 367    | H     | 02/11/20 | Bracknell & Wokingham SC                     | Lambrook School | Bracknell       | 0     |
| 33.03 | 446    | H     | 07/12/19 | Bracknell & Wokingham 2019 President's Cup   | Bracknell       | Bracknell       | 4     |
| 33.46 | 429    | H     | 28/09/19 | Rushmoor Royals 50m Challenge 2019           | Hart            | Bracknell       | 3     |
| 33.43 | 430    | H     | 15/12/18 | Bracknell and Wokingham 2018 President's Cup | Bracknell       | Bracknell       | 4     |

|       |     |   |          |   |                  |           |   |
|-------|-----|---|----------|---|------------------|-----------|---|
| 34.56 | 389 | H | 16/12/17 | 2017 President's Cup                            | Bracknell        | Bracknell | 4 |
| 35.19 | 369 | F | 28/10/17 | Hart Autumn Level 3 Open Meet                   | Hart             | Bracknell | 3 |
| 35.16 | 370 | F | 09/04/17 | L3 Regional Qualifier                           | Guildford        | Bracknell | 3 |
| 35.21 | 368 | H | 28/01/17 | Berks & Sth Bucks ASA 2017 County Championships | Maidenhead       | Bracknell | 2 |
| 35.30 | 365 | H | 17/12/16 | 2016 President's Cup                            | Bracknell        | Bracknell | 4 |
| 36.37 | 334 | F | 16/04/16 | Staines Black Swan Regional Qualifier 2016      | Walton-on-Thames | Bracknell | 3 |
| 35.91 | 347 | H | 06/02/16 | Berkshire & Sth Bucks 2016 County Championships | Maidenhead       | Bracknell | 2 |
| 37.38 | 308 | H | 19/12/15 | Bracknell & Woking Presidents Cup               | Maidenhead       | Bracknell | 4 |
| 37.77 | 298 | H | 21/03/15 | Berks & S Bucks ASA County & Age Group Champs   | Maidstone        |           | 2 |
| 38.58 | 280 | H | 03/01/15 | Bracknell & Wokingham President's Cup           | Bracknell        |           | 4 |
| 39.24 | 266 | H | 06/12/14 | The Bracknell Winter Level 3 Open Meet          | Bracknell        |           | 3 |
| 40.99 | 233 | H | 05/07/14 | Bracknell & Woking Summer Meet                  | Bracknell        | Bracknell | 3 |
| 43.96 | 189 | H | 04/01/14 | Bracknell & Wokingham Presidents Cup            | Bracknell        | Bracknell | 4 |
| 49.77 | 130 | H | 13/10/13 | Berks & South Bucks Development Meet            | Bracknell        | Bracknell | 3 |
| 49.72 | 130 | F | 16/06/13 | Borough of Harrow SC End of Season Open Meet    | Barnet           | Bracknell | 3 |