## **Individual Best Times (All Time)**

Katie Lancaster - (1101235) - City of Linc Pentaqua SC - 200 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

2:18.52 50: 2:19.71 49: 2:21.30 47: 2:21.52 47: 2:23.43 45- 2:25.13 43: 2:25.32 43: 2:26.21 42:	92 H 75 H 73 H 64 H	20/01/18 16/12/17 25/11/17 11/06/17 21/01/17 06/03/16	Lincolnshire County Championships 2018 City of Leeds Xmas Meet 2017 Louth Meridan Meet Lincoln Vulcans Short Course Level 3 Open Meet Lincolnshire County Championships 2017	Grantham Leeds Louth Grantham Grantham	Lincoln Vulc Lincoln Vulc Lincoln Vulc Lincoln Vulc	2 3 3 3
2:21.30 47: 2:21.52 47: 2:23.43 45: 2:25.13 43: 2:25.32 43:	75 H 73 H 54 H	25/11/17 11/06/17 21/01/17	Louth Meridan Meet Lincoln Vulcans Short Course Level 3 Open Meet	Louth Grantham	Lincoln Vulc	3
2:21.52 47: 2:23.43 45- 2:25.13 43: 2:25.32 43:	73 H 54 H 39 H	11/06/17 21/01/17	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham		
2:23.43 45- 2:25.13 43: 2:25.32 43:	54 H 39 H	21/01/17	,		Lincoln Vulc	3
2:25.13 439 2:25.32 43°	39 H		Lincolnshire County Championships 2017	Crantham		
2:25.32 43		06/03/16		Graninam	Lincoln Vulc	2
	37 H		Worksop Dolphins The 8th Spring Open Meet	Worksop	Lincoln Vulc	3
2:26.21 429		02/07/16	Lincoln Vulcans Club Championships	Grantham	Lincoln Vulc	3
	29 H	17/07/16	Chesterfield Summer Splash	Matlock	Lincoln Vulc	3
2:26.75 424	24 H	22/11/15	Boston ASC Club 11th Open Meet	Grantham	Lincoln Vulc	3
2:28.27 41	1 H	01/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Lincoln Vulc	2
2:28.28 41	1 H	23/01/16	Lincolnshire County Championships 2016	Grantham	Lincoln Vulc	2
2:31.47 386	36 H	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield	Lincoln Vulc	2
2:33.61 370	70 H	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	Lincoln Vulc	2
2:34.27 36	65 H	12/04/15	The 2015 Leicester Age Group Meet	Leicester	Lincoln Vulc	3
2:42.22 314	4 H	04/01/15	Boston 10th Open Meet	Grantham	Lincoln Vulc	3
2:45.46 296	96 H	12/07/14	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	Lincoln Vulc	3
2:46.74 289	39 H	05/10/14	Rob Welbourn Open Meet	Deeping	Lincoln Vulc	3
2:50.84 269	69 H	12/04/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
2:52.35 262	62 H	25/01/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
2:52.61 26	31 H	08/03/14	Lincolnshire 63rd Annual County Champs	Louth	Lincoln Vulc	2
2:52.61 26	31 H	08/03/14	63rd Annual Lincolnshire County Champs	Louth	Lincoln Vulc	2
3:04.71 212	2 H	16/11/13	Lincoln Vulcan Club Championships	Grantham	Lincoln Vulc	4
3:13.89 184	34 H	06/10/13	Deepings SC Rob Welburn Open Meet 2013	Deepings	Lincoln Vulc	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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							Page 2 / 2
2:18.52	505	Н	20/01/18	Lincolnshire County Championships 2018	Grantham	Lincoln Vulc	2
2:19.71	492	Н	16/12/17	City of Leeds Xmas Meet 2017	Leeds	Lincoln Vulc	3
2:21.30	475	Н	25/11/17	Louth Meridan Meet	Louth	Lincoln Vulc	3
2:21.52	473	Н	11/06/17	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	Lincoln Vulc	3
2:23.43	454	Н	21/01/17	Lincolnshire County Championships 2017	Grantham	Lincoln Vulc	2
2:28.27	411	Н	01/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Lincoln Vulc	2
2:26.21	429	Н	17/07/16	Chesterfield Summer Splash	Matlock	Lincoln Vulc	3
2:25.32	437	Н	02/07/16	Lincoln Vulcans Club Championships	Grantham	Lincoln Vulc	3
2:25.13	439	Н	06/03/16	Worksop Dolphins The 8th Spring Open Meet	Worksop	Lincoln Vulc	3
2:28.28	411	Н	23/01/16	Lincolnshire County Championships 2016	Grantham	Lincoln Vulc	2
2:26.75	424	Н	22/11/15	Boston ASC Club 11th Open Meet	Grantham	Lincoln Vulc	3
2:31.47	386	Н	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield	Lincoln Vulc	2
2:34.27	365	Н	12/04/15	The 2015 Leicester Age Group Meet	Leicester	Lincoln Vulc	3
2:33.61	370	Н	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	Lincoln Vulc	2
2:42.22	314	Н	04/01/15	Boston 10th Open Meet	Grantham	Lincoln Vulc	3
2:46.74	289	Н	05/10/14	Rob Welbourn Open Meet	Deeping	Lincoln Vulc	3
2:45.46	296	Н	12/07/14	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	Lincoln Vulc	3
2:50.84	269	Н	12/04/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
2:52.61	261	Н	08/03/14	Lincolnshire 63rd Annual County Champs	Louth	Lincoln Vulc	2
2:52.61	261	Н	08/03/14	63rd Annual Lincolnshire County Champs	Louth	Lincoln Vulc	2
2:52.35	262	Н	25/01/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
3:04.71	212	Н	16/11/13	Lincoln Vulcan Club Championships	Grantham	Lincoln Vulc	4
3:13.89	184	Н	06/10/13	Deepings SC Rob Welburn Open Meet 2013	Deepings	Lincoln Vulc	3

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