

# Individual Best Times (All Time)

Nana Opoku-Gyamfi - (1100680) - Team Luton Swimming - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:16.85	231	H	10/09/16	Team Luton Club Championships 2016 17	Luton	Team Luton	4
6:49.28	180	H	17/05/14	Team Luton SC Club Championships	Luton	Team Luton	4
7:30.09	135	H	25/05/13	Team Luton Club Championships 1	Luton	Team Luton	4

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