Individual Best Times (All Time)

Nana Opoku-Gyamfi - (1100680) - Team Luton Swimming - 200 Butterfly - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-------|-----------------|-------|
| 3:51.00 | 138 | Н | 09/05/15 | Team Luton Skills Challenge 2015 | Luton | | 4 |
| 3:53.59 | 134 | Н | 25/06/16 | Team Luton Club Championships 2015 2016 | Luton | Team Luton | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-------|-----------------|-------|
| 3:53.59 | 134 | Н | 25/06/16 | Team Luton Club Championships 2015 2016 | Luton | Team Luton | 3 |
| 3:51.00 | 138 | Н | 09/05/15 | Team Luton Skills Challenge 2015 | Luton | | 4 |

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