

Individual Best Times (All Time)

Alfred Stonelake - (1100235) - Ilkley SC - 400 Freestyle - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------------|----------|-----------------|-------|
| 5:08.56 | 325 | H | 10/12/16 | City of Bradford 'Super Santa' Meet | Bradford | Co Bradford | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
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