Individual Best Times (All Time)

Sophia Milson - (981582) - Braintree & Bocking SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------|-----------------|-------|
| 41.96 | 335 | Н | 03/02/18 | Essex Age Group Championships 2018 | London | Braintree | 1 |
| 42.27 | 328 | Н | 02/02/19 | ESSEX AGE GROUP CHAMPS 2019 | LONDON | Braintree | 1 |
| 42.60 | 320 | Н | 29/10/17 | Essex Senior Winter Championships 2017 | Basildon | Braintree | 1 |
| 43.05 | 310 | Н | 04/02/17 | Essex Age Group Championships | London | Braintree | 1 |
| 43.05 | 310 | Н | 04/02/17 | Essex Age Group Championships 2017 | Basildon | Braintree | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------|-----------------|-------|
| 42.27 | 328 | Н | 02/02/19 | ESSEX AGE GROUP CHAMPS 2019 | LONDON | Braintree | 1 |
| 41.96 | 335 | Н | 03/02/18 | Essex Age Group Championships 2018 | London | Braintree | 1 |
| 42.60 | 320 | Н | 29/10/17 | Essex Senior Winter Championships 2017 | Basildon | Braintree | 1 |
| 43.05 | 310 | Н | 04/02/17 | Essex Age Group Championships | London | Braintree | 1 |
| 43.05 | 310 | Н | 04/02/17 | Essex Age Group Championships 2017 | Basildon | Braintree | 1 |

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