## Individual Best Times (All Time)

Sophia Milson - (981582) - Braintree & Bocking SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                     | Venue    | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------|-----------------|-------|
| 1:09.38 | 414    | Н     | 03/02/19 | Essex Age Group Champs 2019              | Basildon | Braintree       | 1     |
| 1:10.30 | 397    | Н     | 15/04/18 | N&EL L1 National Qualifying Meet         | London   | Braintree       | 1     |
| 1:13.13 | 353    | Н     | 12/05/18 | BPSC Spring Long Course Event 2018       | Basildon | Braintree       | 1     |
| 1:19.90 | 271    | Н     | 23/07/16 | BPSC End of Season Meet 2016             | Basildon | Braintree       | 3     |
| 1:30.17 | 188    | Н     | 19/07/15 | Basildon & Phoenix LC End of Season Meet | Basildon |                 | 3     |
| 1:41.61 | 131    | Н     | 20/07/14 | Basildon & Phoenix End of Season Meet    | Basildon |                 | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                     | Venue    | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------|-----------------|-------|
| 1:09.38 | 414    | Н     | 03/02/19 | Essex Age Group Champs 2019              | Basildon | Braintree       | 1     |
| 1:13.13 | 353    | Н     | 12/05/18 | BPSC Spring Long Course Event 2018       | Basildon | Braintree       | 1     |
| 1:10.30 | 397    | Н     | 15/04/18 | N&EL L1 National Qualifying Meet         | London   | Braintree       | 1     |
| 1:19.90 | 271    | Н     | 23/07/16 | BPSC End of Season Meet 2016             | Basildon | Braintree       | 3     |
| 1:30.17 | 188    | Н     | 19/07/15 | Basildon & Phoenix LC End of Season Meet | Basildon |                 | 3     |
| 1:41.61 | 131    | Н     | 20/07/14 | Basildon & Phoenix End of Season Meet    | Basildon |                 | 3     |