Individual Best Times (All Time)

Sophia Milson - (981582) - Braintree & Bocking SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------|-----------------|-------|
| 32.97 | 406 | Н | 02/02/19 | ESSEX AGE GROUP CHAMPS 2019 | LONDON | Braintree | 1 |
| 33.21 | 398 | Н | 01/02/20 | Essex Age Group Championships 2020 | London | Braintree | 1 |
| 34.43 | 357 | Н | 28/10/17 | Essex Senior Winter Championships 2017 | Basildon | Braintree | 1 |
| 34.94 | 341 | Н | 03/02/18 | Essex Age Group Championships 2018 | London | Braintree | 1 |
| 34.94 | 341 | Н | 15/04/18 | N&EL L1 National Qualifying Meet | London | Braintree | 1 |
| 35.40 | 328 | Н | 12/05/18 | BPSC Spring Long Course Event 2018 | Basildon | Braintree | 1 |
| 37.73 | 271 | Н | 04/02/17 | Essex Age Group Championships | London | Braintree | 1 |
| 37.73 | 271 | Н | 04/02/17 | Essex Age Group Championships 2017 | Basildon | Braintree | 1 |
| 42.27 | 193 | Н | 23/07/16 | BPSC End of Season Meet 2016 | Basildon | Braintree | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------|-----------------|-------|
| 33.21 | 398 | Н | 01/02/20 | Essex Age Group Championships 2020 | London | Braintree | 1 |
| 32.97 | 406 | Н | 02/02/19 | ESSEX AGE GROUP CHAMPS 2019 | LONDON | Braintree | 1 |
| 35.40 | 328 | Н | 12/05/18 | BPSC Spring Long Course Event 2018 | Basildon | Braintree | 1 |
| 34.94 | 341 | Н | 15/04/18 | N&EL L1 National Qualifying Meet | London | Braintree | 1 |
| 34.94 | 341 | Н | 03/02/18 | Essex Age Group Championships 2018 | London | Braintree | 1 |
| 34.43 | 357 | Н | 28/10/17 | Essex Senior Winter Championships 2017 | Basildon | Braintree | 1 |
| 37.73 | 271 | Н | 04/02/17 | Essex Age Group Championships | London | Braintree | 1 |
| 37.73 | 271 | Н | 04/02/17 | Essex Age Group Championships 2017 | Basildon | Braintree | 1 |
| 42.27 | 193 | Н | 23/07/16 | BPSC End of Season Meet 2016 | Basildon | Braintree | 3 |