

Individual Best Times (All Time)

Lara Sinclair-Banks - (976894) - Market Harborough SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.61	492	H	09/07/17	Northampton 2017 Long Course Summer Festival	Corby	Northampton	3
1:12.91	486	H	11/02/17	NASA 2017 County Championships	Corby	Corby	1
1:12.92	485	H	08/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Northampton	3
1:13.19	480	F	23/03/19	Corby Annual Long Course Open Meet	Corby	Market Har	3
1:14.18	461	H	22/10/16	Corby 2nd Annual LC Open Meet	Corby	Corby	3
1:14.72	451	H	23/03/19	Corby Annual Long Course Open Meet	Corby	Market Har	3
1:15.13	444	F	11/02/17	NASA 2017 County Championships	Corby	Corby	1
1:15.25	442	H	07/02/15	Derventio Excel February Festival	Sheffield		1
1:16.45	421	H	30/04/16	ASA East Midland Region Swimming Champs	Sheffield	Corby	1
1:17.19	409	H	28/06/15	ESSA Inter-Divisional Championships	Sunderland		1
1:17.22	409	H	21/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield		1
1:17.40	406	H	17/05/15	Northampton Spring Festival	Corby		1
1:18.05	396	H	07/06/14	Midland Age Group Championships 2014	Coventry	Leic Peng	1
1:18.05	396	H	14/06/14	Midland Age Group Championships 2014	Coventry	Leic Peng	1
1:18.14	394	H	11/04/15	Derventio Excel 9th Open Meet	Sheffield		1
1:21.95	342	H	01/03/14	Leicestershire County Age Groups & Champs	Corby	Leic Peng	1
1:29.43	263	H	19/05/13	Northampton Spring Meet 2013	Corby	Leic Peng	1

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