

Individual Best Times (All Time)

Lara Sinclair-Banks - (976894) - Market Harborough SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.65	459	H	23/03/19	Corby Annual Long Course Open Meet	Corby	Market Har	3
31.96	446	H	06/05/19	SE East Midlands Region Champs 2019 Gala 2	Sheffield	Market Har	1
32.22	435	H	14/05/16	Northampton 2016 Long Course Spring Festival	Corby	Corby	1
32.47	425	H	17/12/16	Northampton Winter Festival	Corby	Corby	3
32.52	423	H	28/01/18	NASA 2018 County Championships	Corby	Northampton	1
32.54	423	H	29/05/17	ASA EM Region Youth Champs 2017	Sheffield	Corby	1
32.57	422	H	25/03/17	Corby Annual Long Course Open Meet	Corby	Corby	3
32.60	420	F	12/02/17	NASA 2017 County Championships	Corby	Corby	1
32.62	420	H	22/10/16	Corby 2nd Annual LC Open Meet	Corby	Corby	3
32.66	418	H	02/05/16	ASA East Midland Region Swimming Champs	Sheffield	Corby	1
32.67	418	H	12/02/17	NASA 2017 County Championships	Corby	Corby	1
33.09	402	H	07/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Northampton	3
38.36	258	H	01/03/14	Leicestershire County Age Groups & Champs	Corby	Leic Peng	1
41.19	208	F	14/12/13	West Midlands Arena League Premier Final	Coventry	Leic Peng	1
45.98	149	H	13/01/13	City of Coventry SC January Open Meet	Coventry	Leic Peng	3

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