

Individual Best Times (All Time)

Amy Teebay - (975753) - Southport SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:49.43	537	H	05/11/17	Swim England Noth West Region Winter Champs	Manchester	Southport	1
4:49.62	536	F	07/05/16	Manchester Open Meet 2016	Manchester	Southport	1
4:50.24	533	H	28/05/16	ASA North West Region Summer Championships	Manchester	Southport	1
4:51.41	526	H	27/01/18	Lancs County WPSA Age Groups & Championships	Manchester	Southport	1
4:51.89	524	H	27/05/17	ASA North West Region Summer Championships	Manchester	Southport	1
4:52.54	520	H	29/04/18	2018 SENW Summer Championships	Manchester	Southport	1
4:54.91	508	H	25/03/17	Liverpool Spring Open Meet	Liverpool	Southport	1
4:55.04	507	H	02/04/17	Stockport Metro Qualifying Window Meet	Stockport	Southport	1
4:57.28	496	H	03/04/16	Stockport Metro Qualifying Window Meet 2016	Stockport	Southport	1
4:57.82	493	H	16/04/16	City of Liverpool Spring Open Meet 2016	Liverpool	Southport	1
4:58.15	492	H	04/02/17	Lancashire County Championships	Manchester	Southport	1
4:58.53	490	H	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Southport	1
5:03.07	468	H	23/05/15	ASA 2015 North West Regional Championships	Liverpool		1
5:07.66	447	H	12/04/15	Stockport Metro April LC Open Meet	Stockport		1
5:11.65	430	H	21/03/15	Lancashire County Age Groups & Championships	Manchester		1
5:17.79	406	H	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool		1

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