

Individual Best Times (All Time)

Poppy Allen - (975492) - Basildon and Phoenix SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:18.63	542	F	18/02/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
1:19.63	522	H	27/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
1:19.64	522	H	18/02/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
1:20.79	500	F	23/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
1:20.79	500	F	23/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
1:21.75	482	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Basildon Ph	1
1:21.85	480	F	27/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
1:22.04	477	F	21/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
1:22.04	477	F	21/01/17	Essex Age Group Championships	London	Basildon Ph	1
1:22.04	477	F	21/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
1:22.12	476	H	23/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
1:22.12	476	H	23/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
1:22.16	475	H	15/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
1:22.31	472	H	21/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
1:22.31	472	H	21/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
1:22.31	472	H	21/01/17	Essex Age Group Championships	London	Basildon Ph	1
1:22.75	465	H	31/03/18	BPSC Easter Meet 2018	Basildon	Basildon Ph	1
1:22.96	461	H	12/05/18	BPSC Spring Long Course Event 2018	Basildon	Basildon Ph	1
1:23.58	451	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Basildon Ph	1
1:24.06	444	H	04/11/17	East Region Winter Championships	Norwich	Basildon Ph	1
1:24.32	439	H	29/05/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1
1:24.53	436	H	17/04/16	Team Luton April Long Course Meet	Luton	Basildon Ph	1
1:26.47	407	H	23/03/19	ESSA 69th National Inter-Divisional Championships	Crawley		1
1:27.27	396	H	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
1:27.74	390	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Basildon Ph	1
1:27.85	389	H	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Basildon Ph	1
1:28.78	377	H	24/05/15	ASA East Region Summer Championships	Norwich		1

1:26.70	377	H	24/03/13	ASA East Region Summer Championships	Norwich	
1:34.39	313	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	1
1:48.17	208	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	3

Swims in Date Order

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1:27.74	390	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Basildon Ph	1
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