

Individual Best Times (All Time)

Aidan Lancaster - (973773) - Adwick (Doncaster) SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:34.05	405	H	22/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Donc Dartes	1
2:44.86	330	H	31/05/15	Sports Aid Long Course Licensed Meet	Leeds		1
2:50.03	301	H	14/02/15	Yorkshire County Championships	Leeds		1
2:50.45	299		01/05/15	Doncaster Dartes May Day Meet	Leeds	Donc Dartes	3
3:03.71	238	H	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Adwick	3

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