

Individual Best Times (All Time)

Aidan Lancaster - (973773) - Adwick (Doncaster) SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:47.75	296	H	30/05/15	Sports Aid Long Course Licensed Meet	Leeds		1
2:52.68	272	H	21/02/15	Yorkshire County Championships	Leeds		1
2:57.57	250	H	27/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield		3
3:02.64	230	H	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Adwick	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:47.75	296	H	30/05/15	Sports Aid Long Course Licensed Meet	Leeds		1
2:52.68	272	H	21/02/15	Yorkshire County Championships	Leeds		1
2:57.57	250	H	27/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield		3
3:02.64	230	H	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Adwick	3