

# Individual Best Times (All Time)

Lucy Hambrook - (973505) - Teddington SC - 50 Breaststroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
53.76	159	H	20/11/14	ISA London West Regional Championships	Guildford		3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
53.76	159	H	20/11/14	ISA London West Regional Championships	Guildford		3