Individual Best Times (All Time)

Alex Williams - (971618) - Tadcaster York Sport Swim Squad - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 30.69 | 451 | F | 23/02/19 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 30.73 | 450 | Н | 31/03/19 | City of Sheffield Swim Squad Premier Meet | Sheffield | Tadcaster | 1 |
| 31.02 | 437 | Н | 23/02/19 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 31.38 | 422 | Н | 06/05/18 | North East Region Championships | Sheffield | Tadcaster | 1 |
| 31.88 | 403 | F | 24/02/18 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 31.98 | 399 | Н | 05/11/17 | ASA North East Region Senior Junior Champs | Sheffield | Tadcaster | 1 |
| 32.06 | 396 | Н | 07/04/18 | Derventio Excel 12th Long Course Open Meet | Sheffield | Tadcaster | 1 |
| 32.55 | 378 | Н | 24/02/18 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 33.79 | 338 | Н | 28/05/17 | ASA North East Region Championships | Sunderland | Tadcaster | 1 |
| 33.93 | 334 | Н | 11/02/17 | Yorkshire SA County Championships | Sheffield | Tadcaster | 1 |
| 36.52 | 268 | Н | 31/01/15 | Yorkshire County Championships | Sheffield | | 1 |
| 36.91 | 259 | F | 31/01/15 | Yorkshire County Championships | Sheffield | | 1 |
| 37.23 | 253 | Н | 27/02/16 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 37.38 | 250 | Н | 01/03/15 | City of Sheffield Swim Squad Mini Qualifier | Sheffield | Tadcaster | 3 |
| 38.60 | 227 | Н | 09/01/16 | City of Leeds New Year Meet 2016 | Leeds | Tadcaster | 3 |
| 38.89 | 222 | Н | 15/03/14 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 40.47 | 197 | F | 15/03/14 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 40.73 | 193 | F | 16/03/13 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 41.21 | 186 | Н | 16/03/13 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 42.31 | 172 | Н | 19/01/13 | City of Leeds New Year Meet | Leeds | Tadcaster | 3 |

Swims in Date Order

| | Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-----|----------------------|-------------------|-------|----------|---|-----------|-------------------------------|--------------|
| | 30.73 | 450 | Н | 31/03/19 | City of Sheffield Swim Squad Premier Meet | Sheffield | Tadcaster | 1 |
| | 30.69 | 451 | F | 23/02/19 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| Сор | 31.02 oyright 202 | 437 2 4 | Н | 23/02/19 | Yorkshire County Championships | Sheffield | Tadcaster Powered By SPORT | 1 SYSTEMS |

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|-------|-----|---|----------|---|------------|-----------|------------|
| 31.38 | 422 | Н | 06/05/18 | North East Region Championships | Sheffield | Tadcaster | 1 |
| 32.06 | 396 | Н | 07/04/18 | Derventio Excel 12th Long Course Open Meet | Sheffield | Tadcaster | 1 |
| 31.88 | 403 | F | 24/02/18 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 32.55 | 378 | Н | 24/02/18 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 31.98 | 399 | Н | 05/11/17 | ASA North East Region Senior Junior Champs | Sheffield | Tadcaster | 1 |
| 33.79 | 338 | Н | 28/05/17 | ASA North East Region Championships | Sunderland | Tadcaster | 1 |
| 33.93 | 334 | Н | 11/02/17 | Yorkshire SA County Championships | Sheffield | Tadcaster | 1 |
| 37.23 | 253 | Н | 27/02/16 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 38.60 | 227 | Н | 09/01/16 | City of Leeds New Year Meet 2016 | Leeds | Tadcaster | 3 |
| 37.38 | 250 | Н | 01/03/15 | City of Sheffield Swim Squad Mini Qualifier | Sheffield | Tadcaster | 3 |
| 36.91 | 259 | F | 31/01/15 | Yorkshire County Championships | Sheffield | | 1 |
| 36.52 | 268 | Н | 31/01/15 | Yorkshire County Championships | Sheffield | | 1 |
| 40.47 | 197 | F | 15/03/14 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 38.89 | 222 | Н | 15/03/14 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 40.73 | 193 | F | 16/03/13 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 41.21 | 186 | Н | 16/03/13 | Yorkshire County Championships | Sheffield | Tadcaster | 1 |
| 42.31 | 172 | Н | 19/01/13 | City of Leeds New Year Meet | Leeds | Tadcaster | 3 |